



Metabolic Forte™

Natural Glucose Balance*†

Metabolic Forte™ with insulin cofactors supports metabolic balance throughout the day:

- Slows glucose absorption
- Manages carbohydrate digestion
- Supports healthy insulin function*†

Recommendations:
1 capsule, 3 times daily with meals, or as recommended by your healthcare practitioner.

If pregnant or nursing, consult a healthcare practitioner before using.

† Already within normal range

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

JC 34 91 + 3(15,6)EM L79009.01

Metabolic Forte™

Natural Glucose Balance*†

– Clinically Studied Ingredients –

90 Capsules

DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per 1 Capsule:	%DV
Biotin	667 mcg 222%
Chromium (as Chromium Nicotinate Glycinate Chelate)	200 mcg 166%
Mulberry (<i>Morus Alba</i> L) Leaf Extract	335 mg **
Benfotiamine	100 mg **
Purslane (<i>Portulaca oleracea</i> L) Aerial Extract	60 mg **

** Daily Value (DV) not established

Other Ingredients: vegetable cellulose capsule, microcrystalline cellulose, vegetable source magnesium stearate.

No sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

Manufactured exclusively for:
EuroMedica 955 Challenger Drive Green Bay, WI 54311
866-842-7256 EuroMedicaUSA.com

Blood sugar concerns are becoming a major feature of the American health landscape. In fact, of the 22 million Americans who need support of healthy blood glucose levels, only half of them even realize it. Healthy supplemental ingredients can support healthy blood sugar balance.*

Metabolic Forte™ is the right choice for anyone seeking a natural way to support healthy blood glucose levels.*† It contains clinically studied ingredients targeting the way the body keeps blood sugar in balance. This formula impacts healthy blood sugar metabolism in several ways, including:

- Slows glucose absorption
- Manages carbohydrate digestion
- Supports healthy insulin function
- Helps maintain healthy blood sugar levels†
- Most effective formulation available*

Metabolic Forte™ features ingredients well-known for their beneficial effects on glucose metabolism.*

- **Benfotiamine** is a form of vitamin B1 (thiamine) with superior bioactivity that supports healthy glucose levels.*
- **Biotin** is required by the body to process glucose properly.*
- **Chromium** is an essential trace mineral. In the form of chromium nicotinate, chromium has been shown to be effective at supporting a healthy insulin response.*
- **Mulberry (*Morus alba*)** leaf extract leaves have antioxidant activity, as well as the ability to support healthy glucose levels.*
- **Purslane (*Portulaca oleracea*)** has a long history of use in foods and as a traditional medicine. Research shows that this specialized, concentrated purslane extract supports healthy glucose absorption in the intestines, glucose metabolism, and healthy insulin activity.*

† Already within normal range

To view all our products go to: **EuroMedicaUSA.com**

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Frequently Asked Questions for Metabolic Forte™:

Q. What is “blood sugar” or “blood glucose”?

A. Our cells burn glucose (a sugar) for fuel. The term “blood sugar” (or glucose) refers to the amount of this fuel in the bloodstream. Insulin is a hormone that transports sugars in the bloodstream to their cell destinations. The concerns over blood sugar are really concerns over how much insulin is available to respond and transport that glucose properly, as well as how sensitive cells are to allowing insulin to enter.

Q. What is the “glycemic index”?

A. The very short definition is that the glycemic index is a measurement of the effects of various foods on blood sugar levels. Low numbers on the index mean that it has a lower effect on blood sugar levels and that it is being more thoroughly used and digested by the body. Compare a slice of white bread (a simple carbohydrate food) to a slice of whole grain or rye bread (a complex carbohydrate). The closer to the number 100 you get, the higher glycemic index the food has. So, in this case, a slice of white bread could be 70, which is high, and a slice of whole grain bread could fall into the 60 (medium) or possibly even 55 and under (low) range.

Be aware that foods can surprise you. A baked potato can top the glycemic scales at 90+, and those supposedly healthy rye crackers are close to 70! Even rice cakes can be up there at 80 on the glycemic index!

What to Pair with Metabolic Forte™:

- **CuraPro®** – Provides strong support for cellular defense in the face of oxidative stress.*