



# Adaptra®

## Adrenal Response and Daily Stress Relief\*

Adaptra® is a potent adaptogen formula that improves the body's physical and mental response to stress.\*

- Maximize Energy
- Relieve Stress
- Sharpen Memory and Concentration
- Promote Healthy Adrenal Function
- Enhance Physical Performance
- Promote Muscle Tone and Strength
- Enhance Sexual Function\*

**Recommendations:** 1 capsule daily, may increase to 1 capsule three times daily, or as recommended by your healthcare practitioner. If pregnant or nursing, consult a healthcare practitioner before use.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

JC 34 91 + 3(5,6)EM L70016.06

# Adaptra®

## Adrenal Response and Daily Stress Relief\*

60 Capsules  
DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**  
Serving Size: 1 Capsule  
Servings Per Container: 60

Amount Per 1 Capsule:	%DV
Proprietary Complex	500 mg **
Ashwagandha ( <i>Withania somnifera</i> ) Root Extract (KSM-66®) standardized to contain ≥ 5% withanolides, Rhodiola ( <i>Rhodiola Rosea</i> ) Root Extract standardized to contain ≥ 5% rosavins and ≥ 1.8% salidroside	

\*\* Daily Value (DV) not established

**Other Ingredients:** vegetable cellulose capsules, organic rice bran extract, silicon dioxide, cellulose powder.

**No** sugar, salt, wheat, gluten, corn, soy, artificial coloring, artificial flavoring, or artificial preservatives. Ashwagandha roots are processed by traditional Ayurvedic practice – may contain minimal residual amounts of milk.

Manufactured exclusively for:  
EuroMedica 955 Challenger Drive Green Bay, WI 54311  
866-842-7256 EuroMedicaUSA.com

Adaptra® is a potent herbal adaptogen formula that fights stress and strengthens the body from within with ashwagandha and rhodiola. Together, these botanicals help:

- Maximize Energy
- Relieve Stress
- Sharpen Memory and Concentration
- Promote Healthy Adrenal Function
- Enhance Physical Performance
- Promote Muscle Tone and Strength
- Enhance Sexual Function\*

This combination of two herbal extracts helps promote energy, vitality, and stress resistance. It provides clinically-tested ashwagandha and rhodiola at clinically-studied levels to help you adapt to mental and physical stress every day. You'll notice the difference!\*

- **Ashwagandha** (*Withania somnifera*) is used in Ayurvedic medicine to promote physical and mental health and rejuvenate the body. Research studies have found that ashwagandha increases resistance to stress and increases antioxidant activity. While useful for both men and women, studies specifically on men have shown that administration of ashwagandha is associated with decreased stress and healthy semen quality.\*
- **Rhodiola** (*Rhodiola rosea*) provides rosavins, a compound that can help reduce acute stress. In clinical tests of people in stressful occupations, rhodiola extract was shown to improve energy, reduce fatigue, and boost concentration, focus, and mental clarity.\*

Each amazing botanical in the formula is standardized to its key compound ensuring potency and benefits.

**To view all our products go to: EuroMedicaUSA.com**

## Frequently Asked Questions for Adaptra®:

### Q. Is there any caffeine in Adaptra?

A. No, **Adaptra** is a caffeine-free formula. It is not a stimulant, and will not adversely affect your heart rate or blood pressure. However, because of its energizing impact, it is probably best to take Adaptra in the morning or mid-day.

### Q. Why should Adaptra be taken on an empty stomach?

A. Many experts feel that *Rhodiola rosea* is better absorbed on an empty stomach. However, if you prefer not to take supplements on an empty stomach, **Adaptra** can be taken with a small amount of food.

### Q. Is Adaptra good for athletes?

A. Absolutely! The adaptogenic herbs in **Adaptra** are energizing, reduce oxidative stress, increase endurance and promote stamina.\*

### Q. Since it relieves stress, is Adaptra a sedative of some type?

A. No, **Adaptra** is not a sedative. As a blend of two high potency adaptogens, the reduction in stress has more to do with relieving the impact of physiological stressors like extremes of activity, challenges to the immune system, and increased energy demands. While it plays a role in improving mood and sharpens concentration and focus, this is not via any sedating activity.\*

## What to pair with Adaptra®:

- **Adrenaplex®** – Contains highly absorbable freeze-dried adrenal extract, tyrosine, licorice extract, vitamin C, and many other nutrients that support healthy adrenal gland function and manage fatigue.\*
- **CuraPro®** – Provides BCM-95® Curcumin for a powerful antioxidant defense and healthy inflammation response.† Up to 10 times better absorption and greater blood retention time at meaningful levels than plain curcumin. Clinically-studied BCM-95® Curcumin shows positive benefits and support for immune, cellular, and cognitive health and well-being.\*

† Occasional inflammation due to exercise or overuse

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.